

ACUTE ASTHMA (PAEDIATRIC)

MODULE: BREATHING

TARGET: ALL PAEDIATRIC TRAINEES; ED TRAINEES

BACKGROUND:

Acute asthma is a common presentation to the Emergency Department. Every 17 minutes a child is admitted to hospital in the UK because of their asthma (Asthma UK). In 2009 there were 12 children under the age of 14 years old who died from acute asthma exacerbation. It is estimated that up to 90% of deaths are potentially avoidable and 75% of admissions preventable.

Recognition and initial management of acute severe asthma is expected of all paediatric trainees (RCPCH curriculum).

Version 9 – May 2015 Editor: Dr Andrew Darby Smith

Original Author: Dr R Furr (adapted from Bristol Key Competencies)





INFORMATION FOR FACULTY

LEARNING OBJECTIVES

At the end of the session participants should:

- 1. Recognise asthma and classify severity (moderate, severe and life-threatening)
- 2. Have familiarity with BTS Guideline for management of acute severe asthma
- 3. Understand when inhalers vs nebulisers indicated
- 4. Be aware of indication for IV therapy (salbutamol vs aminophylline, and magnesium)
- 5. Recognise when to ask for more help, including PHDU/PICU support

SCENE SETTING

Location: Emergency Department

Expected duration of scenario: 15 mins Expected duration of debriefing: 30 mins

EQUIPMENT AND CONSUMABLES

PERSONNEL-IN-SCENARIO

Mannequin (child or adult)

Monitoring

Resuscitation trolley

O₂ facemask Nebuliser mask

Bag and mask

IV cannula and sticker fixation

Simulated drugs:

Salbutamol neb 2.5mg, 5mg Hydrocortisone 250mg, 500mg

Salbutamol bolus 15mcg/kg over 10 min

Salbutamol infusion 1-4mcg/kg/min Aminophylline bolus 5mg/kg over 20 min

Aminophylline 1mg/kg/hr

SORT Emergency drug chart (if requested – see appendix)

1 x ST1-3 trainee and/or 1 x ST4-8 trainee

1 x nurse (faculty or participant)

1 x mother (faculty)

Version 9 – May 2015 Editor: Dr Andrew Darby Smith

Original Author: Dr R Furr (adapted from Bristol Key Competencies)



Paediatrics > Scenario 4 Emergency Medicine > Clinical > Scenario 4



PARTICIPANT BRIEFING

Dylan is 6 years old and has been sent to ED by his GP. He has a one day history of increasing coughing and wheeze. He is a known asthmatic. You are called to resus area of the Emergency Department by the nurse who has just triaged Dylan and is concerned about him.

FACULTY BRIEFING

'VOICE OF THE MANIKIN' BRIEFING

As 6-year-old Dylan you are short of breath, and unable to talk in full sentences. You have been unwell for the past day. Your chest hurts and you are scared.

IN-SCENARIO PERSONNEL BRIEFING (MOTHER)

Your 6-year-old son Dylan has known asthma on inhaled corticosteroids (which he is not very good at taking regularly). He has previously required nebulisers at his GP surgery but has never been admitted to hospital and has never needed ITU/HDU or any IV medication.

Triggers for his wheeze include cats, exercise and cold weather. No-one else in the family has asthma. You smoke (but not inside the house).

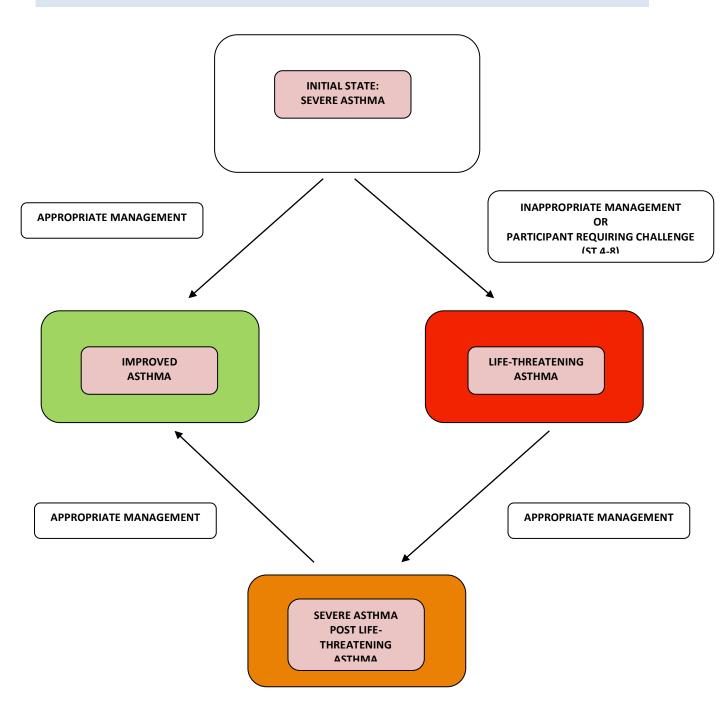
Version 9 – May 2015 Editor: Dr Andrew Darby Smith

Original Author: Dr R Furr (adapted from Bristol Key Competencies)





CONDUCT OF SCENARIO



Version 9 – May 2015

Editor: Dr Andrew Darby Smith

Original Author: Dr R Furr (adapted from Bristol Key Competencies)





BASELINE STATE - SEVERE ASTHMA

VITAL SIGNS					
Rhythm	SR	HR	120	ВР	100/50
Resp rate	40	SaO ₂	89%	ETCO ₂	
Temp	36.5	AVPU	А	Pupils	ERL
Other					
ASSESSMENT					
Pulses	Normal	Cap refill	2 sec	Skin	No rash
Airway	Maintained	Breathing	Prolonged expiration	Breath sounds	Wheezy
Work of breathing	Increased	Recession	Subcostal & intercostal	Neuro	
Other	Equal air entry Unable to speak	in full sentences			
EXPECTED OUTCOMES					
Participants should:	 Administer 100% O₂ via facemask Establish monitoring Diagnose asthma and recognise severity Commence nebuliser salbutamol (5mg) and atrovent (500mcg) Obtain IV access, take bloods and venous gas Administer hydrocortisone 4mg/kg IV 				
Provide further information if requested: - Cap refill time 2 sec - Peripheral pulses normal - Not able to speak in full sentences Progression: - If managed well patient does not deteriorate. Progress to 'Improved Asthma State' - If suboptimal management (or if ST4-8 requiring increased difficulty to challenge participant), patient deteriorates to life-threatening asthma. Progress to 'Life-threatening Asthma State'					

Version 9 – May 2015

Editor: Dr Andrew Darby Smith

Original Author: Dr R Furr (adapted from Bristol Key Competencies)





STATE: IMPROVED ASTHMA

VITAL SIGNS					
Rhythm	SR	HR	102	ВР	100/50
Resp rate	32	SaO ₂	99%	ETCO₂	
Temp	36.5	AVPU	А	Pupils	ERL
Other					
ASSESSMENT					
Pulses	Normal	Cap refill	2 sec	Skin	No rash
Airway	Maintained	Breathing	Prolonged expiration	Breath sounds	Soft wheeze
Work of breathing	Improved	Recession	Subcostal & intercostal	Neuro	
Other	Able to speak in full sentences				
EXPECTED OUTCOMES					
Participants should:	 Continue treatment Admit to ward Could continue on PO prednisolone Switch to inhaled salbutamol if sats maintained >92% NOT for CXR; NOT for ABx Discuss need for asthma management plan on discharge 				
Facilitators should:	Provide further information if requested: - Cap refill time 2 sec - Peripheral pulses normal - Able to speak in full sentences Debrief (see below)				

Version 9 – May 2015

Editor: Dr Andrew Darby Smith





STATE: LIFE-THREATENING ASTHMA

VITAL SIGNS					
Rhythm	SR	HR	150	ВР	80/30
Resp rate	40	SaO ₂	83%	ETCO ₂	
Temp	35	AVPU	v	Pupils	ERL
Other					
ASSESSMENT					
Pulses	Pulsus paradoxus	Cap refill	4 sec	Skin	No rash
Airway	Maintained	Breathing	Prolonged expiration	Breath sounds	Wheeze/quiet
Work of breathing	Increased	Recession	Subcostal & intercostal	Neuro	Agitated
Other	Increasingly con	fused/combative	. GCS 13/15		
EXPECTED OUTCOMES					
Participants should:	 Recognition of deterioration EITHER: Salbutamol IV bolus over 10 min followed by salbutamol infusion OR: Aminophylline IV loading over 20 min followed by infusion 				
Provide further information if requested: - Cap refill time 4 sec - Peripheral pulses: pulsus paradoxus - Speech is moaning/agitation Progression: - If managed well, patient improves. Move to 'Severe Asthma Post Life-Threatening Asthma' - If managed suboptimally, do not allow patient to arrest. Instead, 'pause and perfect'. Pause scenario and ask participant to tell you what clinical problem is and their thoughts on why patient is not responding. Discuss, and then restart the scenario and allow them to manage patient.					

Version 9 – May 2015

Editor: Dr Andrew Darby Smith





STATE: SEVERE ASTHMA POST-LIFE THREATENING ASTHMA

VITAL SIGNS					
Rhythm	SR	HR	120	ВР	100/50
Resp rate	40	SaO ₂	89%	ETCO ₂	
Temp	36.5	AVPU	А	Pupils	ERL
Other					
ASSESSMENT					
Pulses	Normal	Cap refill	2 sec	Skin	No rash
Airway	Maintained	Breathing	Prolonged expiration	Breath sounds	Wheeze
Work of breathing	Increased	Recession	Subcostal & intercostal	Neuro	Compliant
Other	Unable to speak in full sentences				
EXPECTED OUTCOMES					
Participants should:	 Continue 100% O₂ via facemask Continue monitoring Reassess and adjust treatment (salbutamol/atrovent nebulisers, IV hydrocortisone) 				
Facilitators should:	Provide further information if requested: - Cap refill time 2 sec - Peripheral pulses normal - Unable to speak in full sentences Progression: - If managed well, patient improves. Move to 'Improved Asthma'				

Version 9 – May 2015 Editor: Dr Andrew Darby Smith





APPENDIX 1 - BLOOD GAS - SEVERE ASTHMA

RADIOMETER ABL SIMULATION SERIES

ABL725 ICU 00 00 C0 08-12-2012 PATIENT REPORT Syringe - S 195uL Sample# 90396

Identifications

Patient ID 10183365
Patient First Name Dylan
Patient Last Name Burrows
Date of Birth 10/04/2006
Sample type Venous

Operator Emergency Department

Blood Gas Values

pН	7.3		[7.340 - 7.450]
<i>p</i> CO ²	5.37	kPa	[4.70 - 6.00]
pO ²	7.17	kPa	[10.0 - 13.3]
$pO^2(A-a)e$		kPa	

Oximetry Values

<i>c</i> tHb	13.3	g/dL	[12.0 - 16.0]
sO ²		%	[95.0 - 98.0]
<i>F</i> O²Hb		%	[94.0 - 99.0]
FC OHb		%	[-]
<i>F</i> HHb		%	[-]
<i>F</i> metHb		%	[0.2 - 0.6]
Hct <i>c</i>		%	

Electrolyte Values

cK+	3.7	mmo1/L [3.0 - 5.0]
cNa+	137	mmo1/L [136 - 146]
<i>c</i> Ca²+	1.2	mmoq/L [1.15 - 1.29]
<i>c</i> C1−	101	mmo1/L [98 - 106]

Metabolite Values

<i>c</i> Glu	15.8	mmo1/L	[3.5 - 10.0]
<i>c</i> Lac	1.7	mmo1/L	[0.5 - 1.6]

Oxygen Status

ctO²c vol% p50c kPa

Acid Base Status

cBase(Ecf)c -2.9 mmo1/L cHCO³-(P,st)c 24 mmo1/L

Version 9 – May 2015

Editor: Dr Andrew Darby Smith

Original Author: Dr R Furr (adapted from Bristol Key Competencies)





APPENDIX 2 - BLOOD GAS - LIFE-THREATENING ASTHMA

RADIOMETER ABL SIMULATION SERIES

ABL725 ICU 00 00 C0 08-12-2012 PATIENT REPORT Syringe - S 195uL Sample# 90396

Identifications

Patient ID 10183365
Patient First Name Dylan
Patient Last Name Burrows
Date of Birth 10/04/2006
Sample type Venous

Operator Emergency Department

Blood Gas Values

7.22		[7.340 - 7.450]
9.41	kPa	[4.70 - 6.00]
5.02	kPa	[10.0 - 13.3]
	kPa	
	9.41	9.41 kPa 5.02 kPa

Oximetry Values

c tHb	13.1	g/dL	[12.0 - 16.0]
sO ²		%	[95.0 - 98.0]
<i>F</i> O²Hb		%	[94.0 - 99.0]
FC OHb		%	[-]
<i>F</i> HHb		%	[-]
<i>F</i> metHb		%	[0.2 - 0.6]
Hct <i>c</i>		%	

Electrolyte Values

cK+	3.5	mmo1/L [3.0 - 5.0]
cNa+	136	mmo1/L [136 - 146]
<i>c</i> Ca²+	1.2	mmoq/L [1.15 - 1.29]
<i>c</i> C1−	101	mmo1/L [98 - 106]

Metabolite Values

<i>c</i> Glu	16.3	mmo1/L [3.5 - 10.0]
<i>c</i> Lac	2.8	mmo1/L [0.5 - 1.6]

Oxygen Status

ctO²c vol% p50c kPa

Acid Base Status

cBase(Ecf)c -4.8 mmo1/L $cHCO^3-(P,st)c$ 18.4 mmo1/L

Version 9 – May 2015

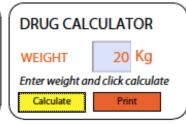
Editor: Dr Andrew Darby Smith

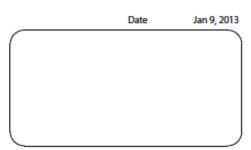




APPENDIX 3 - EMERGENCY DRUG CALCULATOR

Southampton
Oxford
Retrieval
Team





Emergency		Respiratory			
Adrenaline 1:10,000	2 ml (0.1 ml/kg)	Magnesium Sulphate	800 mg (40 mg/kg over 20 minutes)		
Atropine 600mcg/ml	0.67 ml (20mcg/kg, min 100mcg)	Salbutamol load	250 mcg (15 mcg/kg over 10 minutes)		
Atropine 100mcg/ml	4 ml (20mcg/kg min 100mcg)	Hydrocortisone	80 mg (4 mg/kg , max 100mg)		
Sodium Bicarbonate 8.4%	20 ml (1 ml/kg)	Aminophylline load	100 mg (5 mg/kg over 20 minutes)		
Caldum Gluconate 10%	10 ml (0.5 ml/kg)	Adrenaline 1:1000 Nebulised	5 ml (0.5 ml/kg, max 5 mls) Make up to 5 ml with saline		
Cardiac					
Cardioversion (sync)	20 Joules (1J/kg) (use 2J/kg If falls)	Anaesthesia			
Shockable rhythm (async)	80 Joules (4J/kg)	Ketamine	40 mg (2mg/kg)		
Adenosine	2000 mcg (100 mcg/kg)	Thiopentone 20 to	100 mg (1-5mg/kg)		
Amiodarone Load	100 mg (5 mg/kg over 30 minutes to 4hrs)	Fentanyl 40 to	100 mcg (2-5mcg/kg)		
Neuro		Morphine	2 mg (0.1 mg/kg)		
Lorazepam	2 mg (0.1 mg/kg)	Rocuronium	20 mg (1mg/kg)		
Midazolam Buccal	2 mg (0.1 mg/kg)	Atracurlum	10 mg (0.5mg/kg)		
Phenytoin	400 mg (20 mg/kg over 20 minutes)	Vecuronium	2 mg (0.1mg/kg)		
Phenobarbitone	400 mg (20 mg/kg)	Suxamethonium	30 mg (1.5mg/kg)		
Paraldehyde PR	8 ml (0.4 ml/kg, mix 1:1 with oil)	Anaphylaxis			
3% Saline	60 ml (3ml/kg)	Adrenaline IM	0.3 ml of 1:1000		
Mannitol 10%	100 ml (5ml/kg, eqivalent to 0.5g/kg)				

Infusions	Calculations based on Southampton PICU infusions guidelines (2011)	
Dopamine (central)	200 mg in 50ml of 0.9% Saline or 5% Glucose 3 ml / hr = 10 mcg/kg/min	n
Dopamine (peripheral)	20 mg in 50ml of 0.9% Saline or 5% Glucose 3 ml / hr = 1 mcg/kg/min	n
Adrenaline	4 mg in 50ml of 0.9% Saline or 5% Glucose 1.5 ml / hr = 0.1 mcg/kg/min	n
Noradrenaline	$4 \hspace{0.1cm} mg \hspace{0.1cm} in \hspace{0.1cm} 50ml \hspace{0.1cm} of \hspace{0.1cm} 0.9\% \hspace{0.1cm} Saline \hspace{0.1cm} or \hspace{0.1cm} 5\% \hspace{0.1cm} Glucose \hspace{1.5cm} 1.5 \hspace{0.1cm} ml \hspace{0.1cm} / \hspace{0.1cm} hr \hspace{0.1cm} = \hspace{0.1cm} 0.1 \hspace{0.1cm} mcg/kg/min \hspace{0.1cm} Mr \hspace{0.1cm} = \hspace{0.1cm} 0.1 \hspace{0.1cm} mcg/kg/min \hspace{0.1cm} = \hspace{0.1cm} 0.1 \hspace{0.1cm} mcg/kg/min \hspace{0.1cm} Mr \hspace{0.1cm} = \hspace{0.1cm} 0.1 \hspace{0.1cm} mcg/kg/min \hspace{0.1cm} = 0.1c$	n
Milrinone	10 mg in 50ml of 0.9% Saline or 5% Glucose 3 ml / hr = 0.5 mcg/kg/min	n
Dinoprostone (Prostin E2)	$0 \hspace{0.1cm} \text{mcg in 50ml of 0.9\% Saline or 5\% Glucose} \hspace{0.1cm} 0 \hspace{0.1cm} \text{ml / hr} \hspace{0.1cm} = \hspace{0.1cm} 0 \hspace{0.1cm} \text{ng/kg/min}$	
Morphine	20 mg in 50ml of 0.9% Saline or 5% Glucose 1 ml / hr = 20 mcg/kg/hr	
Midazolam	20 mg in 50ml of 0.9% Saline or 5% Glucose 1 ml / hr = 20 mcg/kg/hr	
Salbutamol	10 mg in 50ml of 0.9% Saline or 5% Glucose 6 ml / hr = 1 mcg/kg/min	n
Aminophylline	250 mg in 250ml of 0.9% Saline or 5% Glucose 20 ml / hr = 1 mg/kg/hr	

It is the prescribers responsibility to ensure the correct dose is prescribed Compiled by Tom Bennett - May 2012

Version 9 – May 2015 Editor: Dr Andrew Darby Smith





APPENDIX 4 - SORT GUIDELINE FOR ACUTE SEVERE ASTHMA

Guideline for the management of severe asthma

STEP 1

15L/min O₂ via NRBM 3 × Salbutamol nebulisers (2.5-5 mg) 3 × Ipratroprium nebulisers (250 mcg) PO Prednisolone (20 mg < 5yrs, 20/40 mg >5 yrs) OR IV Hydrocortisone (4mg/kg)

STEP 2

IV Salbutamol bolus (15 mcg/kg) Salbutamol nebulisers (every 20 mins)

IV Magnesium bolus (40 mg/kg) (0.4 mls/kg of 10% solution over 20 mins) Salbutamol nebulisers (every 20 mins)

If improves following Salbutamol bolus IV Salbutamol infusion(0.5- 2mcg/kg/min) Discontinue Salbutamol nebulisers

STEP 5

If NO improvement following Salbutamol bolus IV Aminophylline bolus (5mg/kg) Followed by Aminophylline infusion < 9 years 1 mg/kg/hour

9-16 years 800 mcg/kg/hr 16-18 years 500 mcg/kg/hr

IMPENDING CARDIO-RESPIRATORY **ARREST**

Worsening agitation/level of consciousness $SaO_2 \le 90\%$ in 15L O_2 via NRBM Poor respiratory effort High CO_2 + Acidaemia (pH \leq 7.2) Hypotension

INTUBATE AND VENTILATE

Agitated Altered level of consciousness

Unable to talk/feed

 $SaO_2 \le 92\%$ in air, $PaO_2 < 8$ kPa $PaCO_2$ 'normal' (4.6-6 kPa)

Silent chest

Exhaustion/Poor respiratory effort

SaO₂ ≤ 92% in 15L O₂

To exclude a pneumothorax/consolidation

To exclude FB/mediastinal mass

Tachycardia/tachyarrhythmia

Hyperglycaemia

Metabolic acidosis

Elevated LACTATE

Hypokalaemia

Senior anaesthetic assistance

Rapid sequence induction

10-20 mls/kg fluid bolus pre induction

Ketamine 1-2 mg/kg Suxamethonium 2 mg/kg Or Rocuronium 1 mg/Kkg

> Cuffed ETT Continue paralysis

Consider disconnection and manual deflation if haemodynamic collapse

PCV - may need high PIP

Rate 8-15/min Allow completion of expiration – watch E_TCO₂ trace / ventilator flow loops (Age independent)

Inspiratory time 0.8 -1 sec

PEEP 3-5 cmH₂O FiO₂ 1

SORT May 2012 Review 2014 www.sort.nhs.uk

Version 9 - May 2015

Editor: Dr Andrew Darby Smith





DEBRIEFING

POINTS FOR FURTHER DISCUSSION

Background risk factors for intensive care admission/mortality:

- Previous PHDU/PICU admissions
- Poorly controlled chronic symptoms
- 3 or more classes of medication
- Poor socioeconomic background
- Poor compliance and appointment non-attendance

Salbutamol vs aminophylline as choice of IV medication

- Both are equivalent in terms of effectiveness
- Both have significant side effects (tachycardia, vomiting)
- Depends on local policy. Trusts should ideally choose one IV medication to use regularly to increase staff familiarity with drug and prevent medication errors

Magnesium sulphate IV

Intravenous magnesium sulphate is a safe treatment for acute asthma although current evidence is limited.

Chest X-rays and antibiotics

No role in moderate asthma or acute severe asthma that is responding appropriately to treatment. Should be reserved for children in whom pneumothorax is suspected. Unequal air entry is a common finding in acute asthma and is due to transient mucus plugging, not consolidation due to bacterial infection.

Severity of asthma (from BTS/SIGN guideline):

	Clinical Signs	Measurements	
Life-Threatening Asthma	Silent chest	SpO ₂ /Pulse/Resps as for	
	Cyanosis	'acute severe asthma'	
	Poor respiratory effort	(below)	
	Hypotension	PEF <33% best/predicted	
	Exhaustion		
	Confusion		
Acute Severe Asthma	Can't complete sentences	SpO ₂ <92%	
	Too breathless to feed	PEF 33-50% best/predicted	
		Pulse >140 (age 2-5)	
		Pulse >125 (age >5)	
		Resps >40 (age 2-5)	
		Resps >30 (age >5)	
Moderate Asthma	Able to talk in sentences	SpO ₂ >92%	
		PEF >50% Best/predicted	
		None of 'acute severe asthma'	
		features	

Version 9 – May 2015 Editor: Dr Andrew Darby Smith





ACUTE ASTHMA - HANDOUT

INFORMATION FOR PARTICIPANTS

KEY POINTS

Background risk factors for intensive care admission/mortality:

- Previous PHDU/PICU admissions
- Poorly controlled chronic symptoms
- 3 or more classes of medication
- Poor socioeconomic background
- Poor compliance and appointment non-attendance

Salbutamol vs aminophylline as choice of IV medication

- Both are equivalent in terms of effectiveness
- Both have significant side effects (tachycardia, vomiting)
- Depends on local policy. Trusts should ideally choose one IV medication to use regularly to increase staff familiarity with drug and prevent medication errors

Magnesium sulphate IV

Intravenous magnesium sulphate is a safe treatment for acute asthma although current evidence is limited.

ASSESSMENT OF SEVERITY OF ASTHMA:

	Clinical Signs	Measurements	
Life-Threatening Asthma	Silent chest	SpO₂/Pulse/Resps as for	
	Cyanosis	'acute severe asthma'	
	Poor respiratory effort	(below)	
	Hypotension	PEF <33% best/predicted	
	Exhaustion		
	Confusion		
Acute Severe Asthma	Can't complete sentences	SpO ₂ <92%	
	Too breathless to feed	PEF 33-50% best/predicted	
		Pulse >140 (age 2-5)	
		Pulse >125 (age >5)	
		Resps >40 (age 2-5)	
		Resps >30 (age >5)	
Moderate Asthma	Able to talk in sentences	SpO ₂ >92%	
		PEF >50% Best/predicted	
		None of 'acute severe asthma'	
		features	

Editor: Dr Andrew Darby Smith

Version 9 – May 2015





Guideline for the management of severe asthma

STEP 1

15L/min O₂ via NRBM
3 × Salbutamol nebulisers (2.5-5 mg)
3 × Ipratroprium nebulisers (250 mcg)
PO Prednisolone (20 mg < 5yrs, 20/40 mg >5 yrs)
OR IV Hydrocortisone (4mg/kg)

STEP 2

IV **Salbutamol** bolus (15 mcg/kg) Salbutamol nebulisers (every 20 mins)

STEP 3

IV **Magnesium** bolus (40 mg/kg) (0.4 mls/kg of 10% solution over 20 mins) Salbutamol nebulisers (every 20 mins)

STEP 4

If improves following Salbutamol bolus IV **Salbutamol** infusion(0.5- 2mcg/kg/min) Discontinue Salbutamol nebulisers

STEP 5

If **NO** improvement following Salbutamol bolus
IV **Aminophylline** bolus (5mg/kg)
Followed by **Aminophylline** infusion
< 9 years 1 mg/kg/hour
9-16 years 800 mcg/kg/hr
16-18 years 500 mcg/kg/hr

IMPENDING CARDIO-RESPIRATORY ARREST

Worsening agitation/level of consciousness $SaO_2 \leq 90\%$ in $15L\ O_2$ via NRBM Poor respiratory effort High CO_2 + Acidaemia (pH ≤ 7.2) Hypotension

INTUBATE AND VENTILATE

HIGH RISK CLINICAL SIGNS

Agitated Altered level of consciousness

Unable to talk/feed

 $SaO_2 \le 92\%$ in air, $PaO_2 < 8$ kPa $PaCO_2$ 'normal' (4.6 - 6 kPa)

Silent chest

Exhaustion/Poor respiratory effort

INDICATIONS FOR CXR

 $SaO_2 \le 92\%$ in 15L O_2

To exclude a pneumothorax/consolidation

To exclude FB/mediastinal mass

SALBUTAMOL TOXICITY

Tachycardia/tachyarrhythmia

Hyperglycaemia

Metabolic acidosis

Elevated LACTATE

Hypokalaemia

INTUBATION

Often difficult to ventilate post intubation Risk of hypotension/cardiac arrest

Senior anaesthetic assistance

Rapid sequence induction

10-20 mls/kg fluid bolus pre induction

Ketamine 1-2 mg/kg Suxamethonium 2 mg/kg Or Rocuronium 1 mg/Kkg

Cuffed ETT

Continue paralysis

Consider disconnection and manual deflation if haemodynamic collapse

INITIAL VENTILATOR SETTINGS

PCV - may need high PIP

Rate 8-15/min Allow completion of expiration – watch $E_{T}CO_{2}$ trace / ventilator flow loops (Age independent)

Inspiratory time 0.8 -1 sec

PEEP 3-5 cmH₂O

FiO₂ 1

SORT May 2012 Review 2014 www.sort.nhs.uk

Version 9 – May 2015

Editor: Dr Andrew Darby Smith





RELEVANT AREAS OF THE CURRICULUM

Level One

Effective responses to challenge, complexity and stress in paediatrics
Advanced neonatal and paediatric life support skills
Effective skills in paediatric assessment
Skills in formulating an appropriate differential diagnosis in paediatrics
Effective initial management of ill-health and clinical conditions in paediatrics seeking additional advice and opinion as appropriate
Knowledge of common and serious paediatric conditions and their management
Effective communication and interpersonal skills with colleagues
Professional respect for the contribution of colleagues in a range of roles in paediatric practice
Effective handover, referral and discharge procedures in paediatrics
Ethical personal and professional practice in providing safe clinical care
Reliability and responsibility in ensuring their accessibility to colleagues and patients and their families
Be able to respond appropriately to cardiac arrest
Be familiar with the British Thoracic Society guidelines for management of acute asthma
Be able to assess the severity of an asthma attack
Be able to institute appropriate emergency treatment (of acute asthma)
Recognise when more senior help is needed (in acute asthma)

Level Two (as above plus):

L2_GEN_STA_02	Increasing credibility and independence in response to challenge and
	stress in paediatrics
L2_GEN_STA_03	Leadership skills in advanced neonatal and paediatric life support
L2_GEN_STA_04	Responsibility for conducting effective paediatric assessments and
	interpreting findings appropriately
L2_GEN_STA_06	Improving skills in formulating an appropriate differential diagnosis in
	paediatrics
L2_GEN_STA_09	Effective skills in performing and supervising practical procedures in
	paediatrics ensuring patient safety
L2_GEN_STA_15	Extended knowledge of common and serious paediatric conditions and
	their management
L2_GEN_STA_29	Skill in ensuring effective relationships between colleagues
L2_GEN_STA_32	Effective skills in ensuring handover, referral and discharge procedures
	in paediatrics

Version 9 – May 2015

Editor: Dr Andrew Darby Smith





L2_GEN_STA_34	Sound ethical, personal and professional practice in providing safe clinical care
L2_GEN_STA_35	Continued responsibility and accessibility to colleagues, patients and their families
PAED_L2_CARD_GEN_01	Be able to provide advanced life support and lead the team at a cardiac arrest
PAED_L2_RESP_GEN_01	Have the knowledge and skills to be able to assess and initiate management of patients presenting with respiratory problems in acute and outpatient settings
PAED_L2_RESP_GEN_03	Understand the life threatening nature of some of these conditions and when to call for help
PAED_L2_RESP_GEN_04	Recognise factors which suggest underlying or serious pathology
PAED_L2_RESP_ACU_ASTH_01	Be able to lead treatment of severe asthma and review ongoing treatment before discharge

Level Three (as above plus):

<u> </u>	
L3_GEN_STA_02	Responsibility for an effective response to complex challenges and stress in paediatrics
L2_GEN_STA_03	Leadership skills in advanced neonatal and paediatric life support
L3_GEN_STA_06	Effective skills in making safe decisions about the most likely diagnoses in paediatrics
L3_GEN_STA_09	Expertise in a range of practical procedures in paediatrics specific to general and sub-specialist training
L3_GEN_STA_15	Detailed knowledge of common and serious paediatric conditions and their management in General Paediatrics or in a paediatric subspecialty
L3_GEN_STA_29	Positive and constructive relationships form a wide range of professional contexts
L3_GEN_STA_32	Effective leadership skills in the organisation of paediatric teamworking and effective handover
L3_GEN_STA_34	Exemplary professional conduct so as to act as a role model to others in providing safe clinical care
L3_GEN_STA_35	Responsibility for ensuring their own reliability and accessibility and that of others in their team

FURTHER RESOURCES

- 1. Supporting material for BTS/SIGN Guidelines: http://www.sign.ac.uk/guidelines/fulltext/101/index.html
- Full BTS/SIGN guideline on treatment of Asthma: http://www.britthoracic.org.uk/Portals/0/Guidelines/AsthmaGuidelines/sign101%20
 Jan%202012.pdf
- Quick reference guide to BTS/SIGN guidelines:
 http://www.britthoracic.org.uk/Portals/0/Guidelines/AsthmaGuidelines/qrg101%20
 2011.pdf
- 4. SORT (Southampton Oxford Retrieval Team) Guideline for Acute Asthma http://www.sort.nhs.uk/Media/Guidelines/Guidelineforthemanagementofsevereast hma.pdf

Version 9 – May 2015

Editor: Dr Andrew Darby Smith





PARTICIPANT REFLECTION

What have you learned from this experience? (Please try and list 3 things)
How will your practice now change?
What other actions will you now take to meet any identified learning needs?

Editor: Dr Andrew Darby Smith

Original Author: Dr R Furr (adapted from Bristol Key Competencies)





PARTICIPANT FEEDBACK

the scenario subject I have more confidence to deal with this scenario The material covered						
Profession and grade:	Date of training					
grade:	session:					
grade:						
grade:						
What role(s) did you play in the scenario? (Please tick) Primary/Initial Participant Secondary Participant (e.g. 'Call for Help' responder) Other health care professional (e.g. nurse/ODP) Other role (please specify): Strongly Agree Regree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered	Profession and					
Primary/Initial Participant Secondary Participant (e.g. 'Call for Help' responder) Other health care professional (e.g. nurse/ODP) Other role (please specify): Strongly Agree Neither agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered	grade:					
Primary/Initial Participant Secondary Participant (e.g. 'Call for Help' responder) Other health care professional (e.g. nurse/ODP) Other role (please specify): Strongly Agree Neither agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered	••••					
Primary/Initial Participant Secondary Participant (e.g. 'Call for Help' responder) Other health care professional (e.g. nurse/ODP) Other role (please specify): Strongly Agree Neither agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered						
Secondary Participant (e.g. 'Call for Help' responder) Other health care professional (e.g. nurse/ODP) Other role (please specify): Strongly Agree agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered	What role(s) did you play i	n the scenari	o? (Please tic	k)		
Secondary Participant (e.g. 'Call for Help' responder) Other health care professional (e.g. nurse/ODP) Other role (please specify): Strongly Agree agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered						
Secondary Participant (e.g. 'Call for Help' responder) Other health care professional (e.g. nurse/ODP) Other role (please specify): Strongly Agree agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered	Primary/Initial Particinant					
responder) Other health care professional (e.g. nurse/ODP) Other role (please specify): Strongly Agree Neither agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered	Trimary/initiar rarticipant					
Other health care professional (e.g. nurse/ODP) Other role (please specify): Strongly Agree Realther agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered		. 'Call for Hel	p'			
nurse/ODP) Other role (please specify): Strongly Agree Reither agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered						
Other role (please specify): Strongly Agree Neither agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered		onal (e.g.				
Strongly Agree Neither agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered	· ·					
Observer Strongly Agree Neither agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered	Other role (please specify)	:				
Strongly Agree Neither agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered						
Strongly Agree Neither agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered						
Agree agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered	Observer					
Agree agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered						
Agree agree nor disagree I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered						
I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered		Strongly	Agree	Neither	Disagree	Strongly
I found this scenario useful I understand more about the scenario subject I have more confidence to deal with this scenario The material covered		Agree		_		Disagree
I understand more about the scenario subject I have more confidence to deal with this scenario The material covered	16 1.11			disagree		
I understand more about the scenario subject I have more confidence to deal with this scenario The material covered						
the scenario subject I have more confidence to deal with this scenario The material covered	userur					
I have more confidence to deal with this scenario The material covered	I understand more about					
to deal with this scenario The material covered	the scenario subject					
Scenario The material covered						
The material covered						
was relevant to me	was relevant to me					

Version 9 – May 2015

Editor: Dr Andrew Darby Smith





Please write down one thing you have learned today, and that you will use in your clinical practice.
How could this scenario be improved for future participants? This is especially important if you have ticked anything in the disagree/strongly disagree box.





FACULTY DEBRIEF – TO BE COMPLETED BY FACULTY TEAM

What went particularly well during this scenario?
What did not go well, or as well as planned?
Why didn't it go well?
How could the scenario be improved for future participants?

Version 9 – May 2015 Editor: Dr Andrew Darby Smith

Original Author: Dr R Furr (adapted from Bristol Key Competencies)

