

# Health Information on the Internet and from our Library



Information for patients, relatives  
and carers

## Library & Knowledge Services

The Trust has a dedicated healthcare library at Wexham Park Hospital. Our main purpose is to support our staff but we can also help patients and members of the public find high quality health information. **Please note, you should discuss any concerns about your health with your GP or healthcare professional in the first instance. We cannot replace your Doctor's advice, but can signpost you to additional information.**

## Reference Books & Journals

The library has a wide range of healthcare-related books available for walk-in reference purposes. We can supply you with photocopies for private study or other non-commercial purposes (one article from a journal or 5% of a book). **Please note:** There is a charge of 5p per page for copies. Library computers are for use by Trust staff only, but visitors are welcome to bring their own devices and connect to our free wi-fi.

## Health Information Online

Not everything on the internet is trustworthy, accurate or up-to-date. Quality standards are being introduced to help you find the most reliable sources of online information:

### The PIF TICK

The only UK quality mark for trustworthy health information. To be awarded the PIF TICK, an organization must meet 10 criteria for its health information production process. For more information, go to: <https://pifonline.org.uk/pif-tick/>



### The Information Standard

Up to July 2022, organisations that have been certified can display the IS logo; however the certification scheme ended in July 2019, replaced by 6 principles which will be supported by quality statements. For more information, go to: <https://www.england.nhs.uk/tis/>



### Health on the Net Foundation

A non-governmental US organisation that monitors the quality of health information on the internet. To search accredited web sites, go to: <https://www.hon.ch/HONsearch/Patients/index.html>



The websites of major disease-specific charities are also a good source of information. You can search the charity register here: <https://www.gov.uk/find-charity-information>

## Other Useful Websites

### The NHS website

Trustworthy information and guidance on all aspects of health and healthcare

<http://www.nhs.uk/>



### Patient UK

Information for both patients and healthcare professionals, including over 4,000 health information leaflets, symptom checker and discussion forums

<https://patient.info/>



### Healthtalk.org

Information and support for a range of health issues based on people's real life experiences.

<http://healthtalk.org/>



### UpToDate

Free public access to patient information articles written and reviewed by healthcare professionals

<https://www.uptodate.com/contents/table-of-contents/patient-education/beyond-the-basics>



### Easy Health

Health information in easy read and other accessible formats.

<https://www.easyhealth.org.uk/>



### Contact a Family

Information and support on many rare disorders written by doctors.

<https://contact.org.uk/>



# Library Opening Times & Contact Details

**Location:** Library, John Lister Education Centre  
 Wexham Park Hospital, Slough, Berkshire SL2 4HL  
**Opening hours:** 9.00am – 5.00pm, Mon - Fri  
**Telephone:** 03006 154857  
**Email:** [fhft.wxlibrary@nhs.net](mailto:fhft.wxlibrary@nhs.net)  
**Twitter:** @fhft\_libraries  
**Instagram:** @frimleylibraries  
**Website:** <https://www.fhft.nhs.uk/careers/library-services/>

For a translation of this leaflet or for accessing this information in another format:



Please contact (PALS) the Patient Advice and Liaison Service on:

**Frimley Park Hospital**

Telephone: 0300 613 6530

Email: [fhft.palsfrimleypark@nhs.net](mailto:fhft.palsfrimleypark@nhs.net)

**Wexham Park & Heatherwood Hospitals**

Telephone: 0300 615 3365

Email: [fhft.palswexhampark@nhs.net](mailto:fhft.palswexhampark@nhs.net)

<b>Frimley Park Hospital</b> Portsmouth Road, Frimley, Surrey, GU16 7UJ	<b>Heatherwood Hospital</b> Brook Avenue, Ascot, Berkshire, SL5 7GB	<b>Wexham Park Hospital</b> Wexham, Slough, Berkshire, SL2 4HL
<b>Hospital switchboard:</b> 0300 614 5000		<b>Website:</b> <a href="http://www.fhft.nhs.uk">www.fhft.nhs.uk</a>

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**Legal Notice**

Please remember that this leaflet is intended as general information only. We aim to make the information as up to date and accurate as possible. Please therefore always check specific advice or any concerns you may have with your doctor.