QuES for excellence	Simulation Scenario	Frimley Health NHS Foundation Trust	
Title	Opioid toxicity	Version	10.1
Target Audience	FY doctors & student nurses	Run time	10 -15 mins
Authors	Clare Linkins, Nazima Hoque, Paul Wilder, Udesh Naidoo, Mark Loughrey	Last review	4/7/18
Faculty comments	Normal faculty requirements	Necessity	n/a

## **Brief Summary**

This scenario involves an 80 year old woman one day after surgical repair of a fractured neck of femur. She develops opioid toxicity. She should be assessed by a student nurse who should call and handover to a foundation doctor using SBAR. The FY doctor should make a correct diagnosis and design a management plan.

### **Educational Rationale**

Foundation doctor trainees should be able to work within and lead a team to safely assess and treat patients in a timely manner. Recognition and management of opioid toxicity is extremely important in order to prevent hypoxia, airway compromise and reduced consciousness.

## Learning Objectives: Nurse

- ABCDE assessment and initial management of a patient with altered conscious level
- Knowledge of how to report a serious untoward incident
- Communication with patient and SBAR handover to colleagues

# Learning Objectives: Doctor

- ABCDE assessment and initial management of a patient with altered conscious level
- Differential diagnosis and investigation in a patient with reduced conscious level
- Management of opioid overdose
- Appropriate escalation and concise transfer of information
- Knowledge of how to report a serious untoward incident



No	CURRICULUM MAPPING	This scenario
1	Acts professionally	✓
2	Delivers patient-centred care and maintains trust	✓
3	Behaves in accordance with ethical and legal requirements	✓
4	Keeps practice up to date through learning and teaching	✓
5	Demonstrates engagement in career planning	
6	Communicates clearly in a variety of settings	✓
7	Works effectively as a team member	✓
8	Demonstrates leadership skills	✓
9	Recognises, assesses and initiates management of the acutely ill patient	✓
10	Recognises, assesses and manages patients with long term conditions	
11	Obtains history, performs clinical examination, formulates differential diagnosis and management plan	✓
12	Request relevant investigations and acts upon results	✓
13	Prescribes safely	✓
14	Performs procedures safely	✓
15	Is trained and manages cardiac and respiratory arrest	
16	Demonstrates understanding of the principles of health promotion and illness prevention	✓
17	Manages palliative and end of life care	✓
18	Recognises and works within limits of personal competence	<b>√</b>
19	Makes patient safety a priority in clinical practice	✓
20	Contributes to quality improvement	

# Candidate Briefing: Nurse

Setting

Surgical ward

You are performing your routine observations on F4 patients when you come to assess Mrs Edith Jones, an eighty-year-old lady who has been admitted for one day following a fractured neck of femur. Her observations to date have been unremarkable.

If you wish to speak to anyone or call for assistance then use the grey telephone sited on the back wall. Just pick it up and press the button and you will be connected to the 'operator', of whom you can ask to speak to whoever you wish.

You should interact with everyone else in the room as you would in real life. For example, if you strongly disagree with a colleague's management then feel free to question them, stating your reasons.

# Candidate Briefing: Doctor

Setting

Surgical ward

You are on call for surgery. Please wait as directed, until you receive a call from the surgical ward, and then act as you would in real life.

Technical set-up					
Setting	Surgical ward				
Simulator	High fidelity manikin / actor				
Gender	Female	Age	80		

Initial monitor parameters							
RR	O2 sats Pulse (HR) BP ECG rhythm						
9	92% on air	55	120/70	Sinus rhythm			
Cap Refill Time	Blood glucose	Temp.					
3sec	4.8	36.7					

Initial patient set-up							
Obstruction			Airway adjunct				
Airway	Soft tissue obstru	ction	and snoring	No			
Dunathing	Chest sounds			O2 supply			
Breathing	Quiet			Air			
Cinculation	Heart sounds	Can	nula	BP cuff		Peripheral pulses	
Circulation	Normal	Yes	- left arm	none		present	
Disability	Eyelids		Pupils			PU/GCS	
Disability	Closed		Pinpoint		٧	V / GCS 9	

Europuro	Posture	Moulage	Bowel sounds
Exposure	Lying in bed	None	Normal

### Specific equipment / prop requirements

- Completed CAS card & NOF paperwork
- Completed drug chart
- Completed blood results
- Completed obs chart
- Wrist band
- Pre-op ECG
- Pre-op X-ray

### Hardware required

- Manikin eyeballs with pinpoint pupils
- Naloxone injection (labeled 400mcg in 1ml syringe- candidate should ideally dilute this
  into either 4 or 8mls of saline- so needs a further 5 or 10 ml syringe and 10mls saline)
  placed in the crash trolley, preferably in a red drug box
- Copy of Hospital guidelines on Management of Opioid Overdose and flow charts of Opioid-naïve patients and Regular Opioid users
- Hospital continuation sheet
- Fentanyl patch on back of shoulder

# **Facilitator Briefing**

### Telephone advice as Pharmacist:

- Advice regarding opiate toxicity treatment
- Pharmacist should advise doctor that there are hospital guidelines
- Pharmacist can ask the doctor if the patient is opiate naïve
- Ask about patient's weight and hepatorenal function

### Telephone advice as Medical Registrar

- To consider infusion of naloxone
- If not called pharmacist ask their advice and look at hospital guideline
- Where to manage patient i.e. HDU / MADU / SADU
- Involve night nurse practitioner or out-reach team
- Regular patient review

### **Telephone advice**

- You will be sitting in the control room for the duration.
- Answer all calls as "switchboard" in the first instance to allow for realistic delay.

# How to run with candidates from only one discipline

Briefing for doctor when a nurse is not available:

You are on call for surgery. You receive a call from ward F4 as they are concerned about the lack of responsiveness from Mrs Edith Jones, an eighty-year-old lady who has been in hospital for one day following a fractured neck of femur.

Patient Briefing			
Setting	Surgical ward		
Name	Edith Jones		
Age	80		
Gender	Female		

# What has happened to you?

You had surgery for a left neck of femur fracture yesterday. Initially you were well with only mild hip pain, but now you are very drowsy, your eyes are closed and you moan in response to voice.

### How you should role-play

- Initially drowsy- only groans to voice
- Pin point pupils
- After 400mcg IV naloxone patient appears more responsive

## Your background

### Past Medical History

- Chronic back pain
- OA

#### Social History

- Lives alone
- Independent
- Bungalow
- Non smoker
- Minimal alcohol

#### **Regular Medication**

- Paracetamol (1g QDS)
- Adcal D3 (1 tablet BD)
- Alendronic Acid 70mg weekly (every Sunday)
- Fentanyl patch (25mcg per hour, changed site every 72 hours)

# Scenario flowchart

**INITIAL SETTINGS** 

#### Patent, but patient is snoring and drowsy B: RR 9, sats 92% on air, shallow breaths C: HR 55, BP 120/70 sinus rhythm, CRT 2secs **EXPECTED ACTIONS** Responds to voice, pinpoint pupils, E3V2M4, BM 4.8 D: Fentanyl patch on back, wound on left hip ABCDE assessment Airway adjunct, 02 **RESULTS** facemask, recognise INITIAL ABG (on room air) airway risk 7.29 Call for help 9.2 p02 If inadequate pCO2 7.2 ventilation - BVM ΒE -3.5ECG + NIBP 2.2 Lact monitoring ABG & routine **DETERIORATION** CXR: Normal bloods Partially obstructed, snoring and drowsy ECG: sinus bradycardia B: RR 7, Sats 92% on 15L O2, shallow breaths HR 52, BP 111/40, CRT 3secs C: Eyes closed, E2V2M3 **EXPECTED ACTIONS** Airway support (oral airway v intubation) Gather additional information to guide investigations e.g. review drug chart, PMH, etc Consider opioid OD Take off Fentanyl patch if found Give naloxone as per guidelines **HIGH DIFFICULTY** LOW DIFFICULTY NORMAL DIFFICULTY Patient responds to initial Patient needs two doses of Medical Registrar arrives early treatment with naloxone boluses, naloxone before waking up Patient recovers after initial but quickly drops GCS and requires Patient in agony, needs more naloxone dose naloxone infusion pain relief Patient has some pain after waking When rousable screaming in up pain **RESOLUTION** Opioid overdose treated (bolus +/- infusion) Patient regains consciousness and alertness

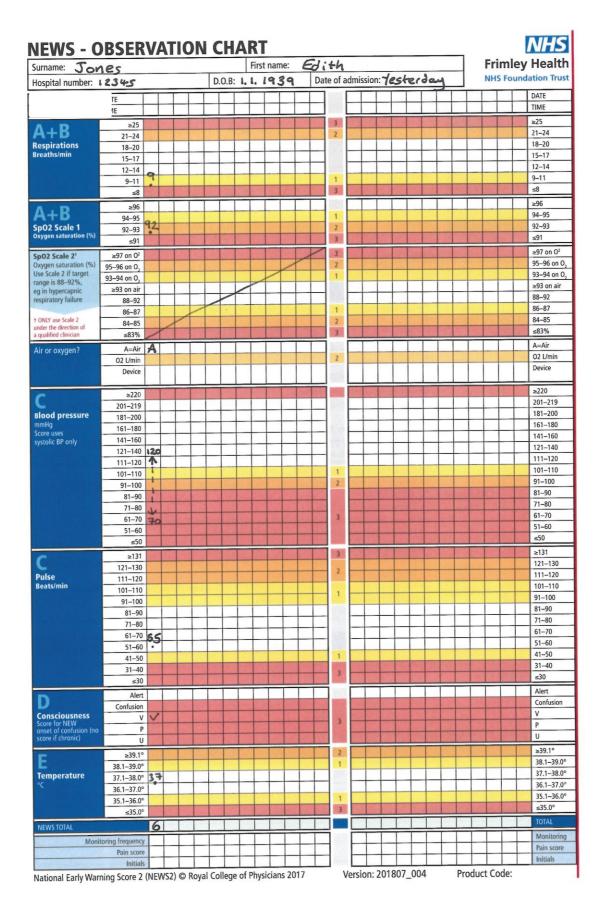
# References

- Local hospital guidelines on Management of Opioid Overdose
- Scottish Palliative Care Guidelines Naloxone, updated June 2015 <a href="http://www.palliativecareguidelines.scot.nhs.uk/guidelines/medicine-information-sheets/naloxone.aspx">http://www.palliativecareguidelines.scot.nhs.uk/guidelines/medicine-information-sheets/naloxone.aspx</a>
- PCF5, Palliative Care Formulary 5th Edition, Twycross et al. 2014 www.palliativedrugs.com

# Clinical props

### RADIOMETER ABL800 FLEX

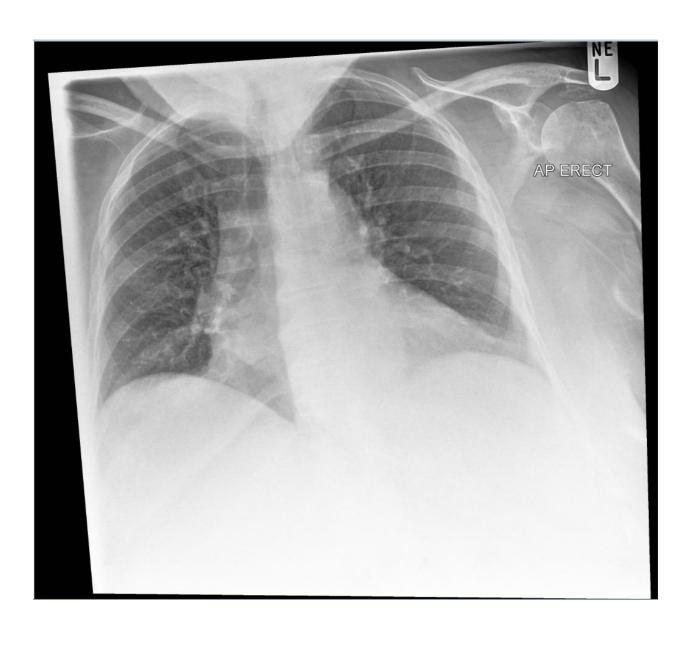
Patient ID Patient Last Name Patient First Name Sex	789987 Jones Edith		
Date of birth  FO <sub>2</sub> (1)  T  Sample type  Operator  TEMP F6	36.6 Arterial PH 1		
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Calculated Values		1.0 5	1
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cHCO <sub>3</sub> -(P) <sub>C</sub>		22.2	
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↑ cLac		2.2 6	1
↑ cCrea		<b>175</b> 7	1



**FENTANYL** 100 mcg/hr

# **FENTANYL** 100 mcg/hr

# **FENTANYL** 100 mcg/hr



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	NHS Number: 12			1						
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	No of Attendances in past year: 0 Previous Attendance Number:			Tel No: Fax No:						
	To be seen in: Ma	jors								
	Speciality Expects Specialty:	ed:	Time referred to Time seen:	Duty/On-Call Emergency Department Consultant: Lynsey Flowerdew						
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85	History of Presenting C fell on rt hip on carpet pt					Ган	1 30016			
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Name	Signature	Initials	Position	Speciality	Date	Time
6.7						

Have you considered the use of a Chaperone when seeing this patient,
Please refer to the Trust and Emergency Department Chaparone Policy.

Chaperone Used? Y / N

Name:

Presenting Complaint:

HISTORY: (Please continue on continuation sheets if necessary)

HISTORY: (Please continue o		Jeoodiy)		
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Past Medical History	Drug History On Chemotherapy? - Contact chemo nurse on Blp 277
Allergies (Document reaction and date)	<u> </u>
NKDA	
Social History (N/A )	
Alcohol:units/week	Smoking:
Occupation:	Retired: Yes /No
Lives in: House / Flat / Bungalow / WCF / Residential	Home / Nursing Home/ Barracks
Surrey / Hampshire / Berkshire/ Other/ Not known/	
Usually able to go out: Yes / No Lives alone:	Yes / No Stairs; Yes / No
Mobility:  Independent Services:  MOW  Stick Dathing set District Number Day Centre Day Hosp	re
Drives: Yes / No	
CDU)  Age   Recognition of two persons	Deing admitted (Speciality or  Time (to nearest hour)

EXAMINATION	Annemica	Cyanasada	Clubbod2	Lymphadan	onathy?
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Current PEFR	Best PE	FR/	∫ Predicted F	PEFR	
Chest Exam		Abdominal E	xam	Ascites? Yes	/ No
	Clear		18/1/2	PR PV	•
Other examination findings	flip Par Crete	n. Arch	alt pa	m. //	79

### Initial Impression / Differential Diagnosis:



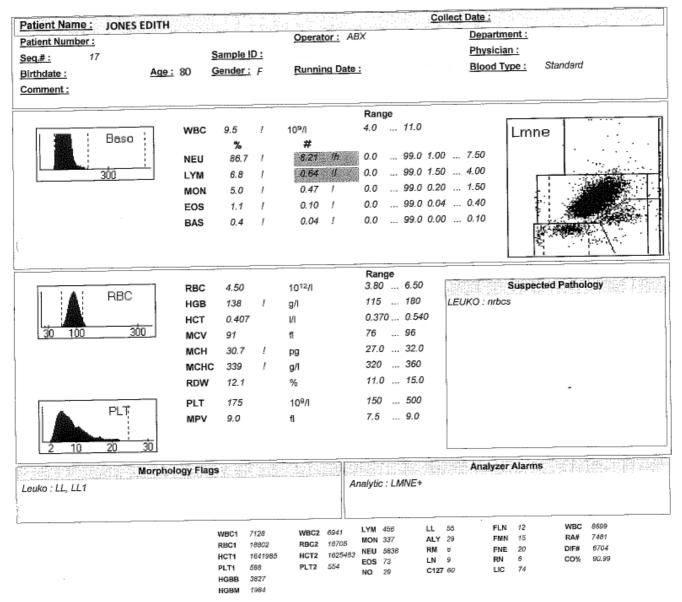
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### Frimley Park Hospital Accident and Emergency



RAW DATA REPORT FOR INVESTIGATIONAL USE ONLY

> < H/L Limits

> < h/l Limits XX,X.

Reject XXX

F: Female, M: Male, U: Unknow

11:23:05

#### **Results Sheet**

Please affix all relevant paper test results smaller than A4 firmly to this sheet Do *not* Use micropore to attach results!

Siemens Clinite Serial ( Patient Name: JONES Patient ID: Muitistix® B SG Lot Number Expiration date 407063 2016-01 Test date 13:31 Time RY Operator Test number Color Not Entered Clarity Not Entered GLU Negative
KET Negative
SG 1.020
\*BLD Trace-lysed\*
pH 6.5
PRO Negative
\*NIT Positive \*
LEU Negative

Name

Hosp no:

DOB:

Date:

### **Trauma Meeting**

History: prech fall.

PMH: lumbar surgey 2007.

Diagnosis: (B) NOF#

Plan: (R) Dies con lated schen

### Post-trauma meeting

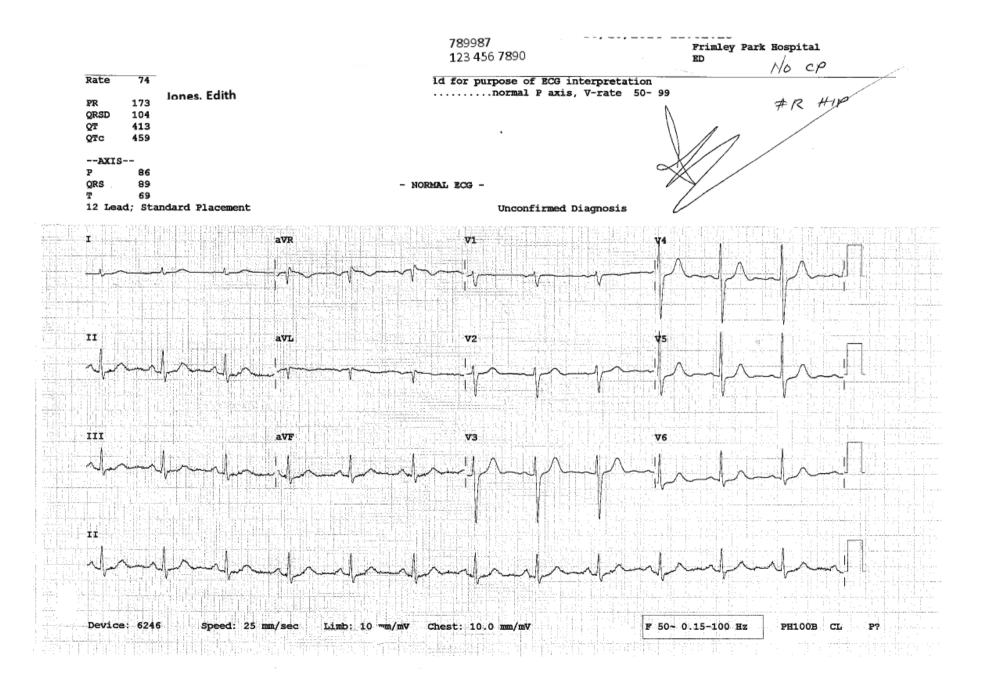
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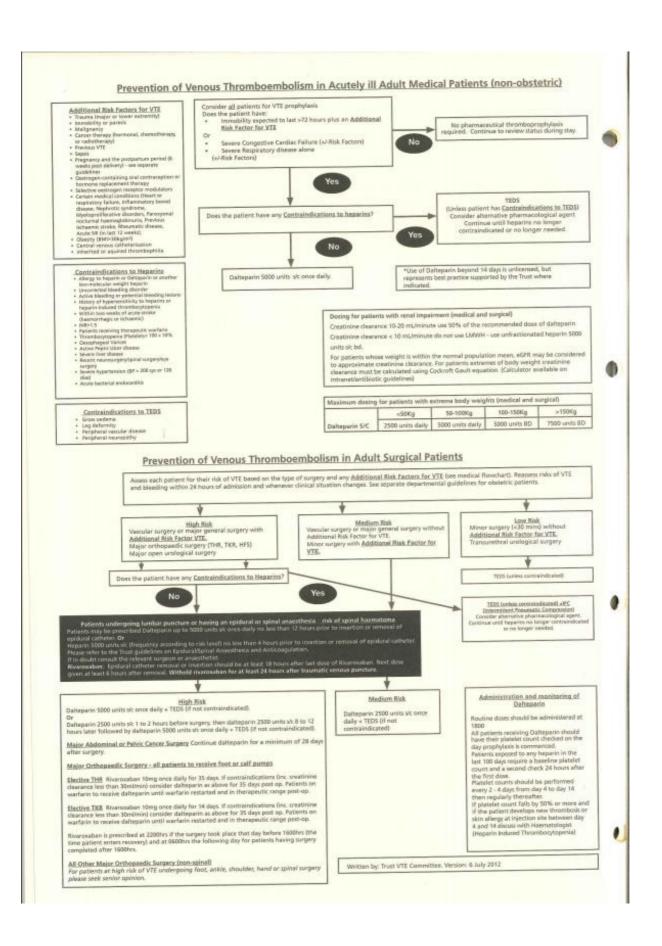
### **Continuation Sheet**

FASCIA ILIACA BLOCK procedure record
Date Time
Site: Left□ Right □
Verbal consent obtained
2% chloraprep to skin⊡
Aseptic technique 1% lidocaine to skin? mls
18g Blunt needle□ 2 'clicks' □
Blood withdrawn Yes/No
Local anaesthetic: 0.25% Bupivicaine3.0mls
Complications □ (list below in notes with actions taken)
Signed: NWE Print: NWE
- ]

Time ...... Date ...... Signature .....



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### RISK ASSESSMENT RECORD SHEET FOR VENOUS THROMBOEMBOLISM (VTE)

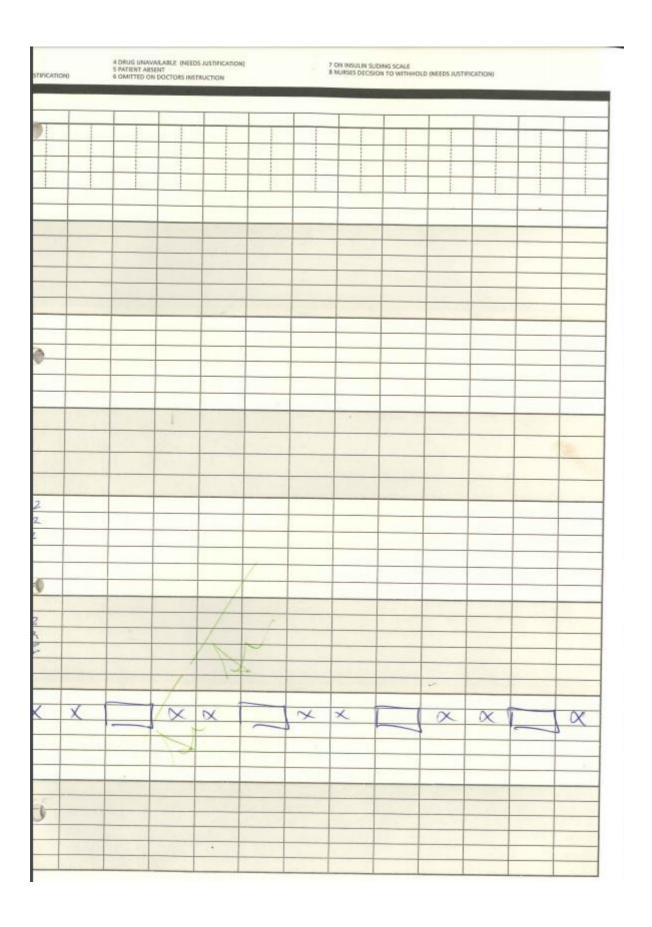
- Please use in conjunction with Trust guidelines overleaf
   Please see separate Trust guidelines for obstetric patients

Thrombosis Risk	Patient Related	Procedure Related	Assessment	Assessment at 24 hours	Assessment	Assessmen
High	Previous VTE					
	Immobility expected to test >72 hours		_			
	Malignancy					
	Acute or chronic lung disease	1				
			-	_		
	Acute or chronic inflammatory disease					
	Chronic heart failure Lower limb paralysis (excluding acute					
	stroke) Acute infectious disease, e.g.			_		
	pneumonia BMI >30kg/m2	-	-	_		
	Inharited or acquired thrombophilia	-				
	Pregnancy or less than 6 weeks post					
	parlum					
		Hip or Knee replacement				
		Hip fracture				
		Other major orthopaedic surgery Surgical procedure lasting >30mins				
		with additional VTE risk factor(s)				
Medium	Oestrogen containing oral contraception or HRT Selective destrogen receptor					
	modulators					
	Age > 60					
	Dehydration					
	Varicose vains with phiebits					
		Minor surgical procedure with additional VTE risk factor(s)				
		Surgical procedure lasting >30mins with no additional VTE risk factors Plaster cast immobilisation of lower				
Low		limb				
LOW	None of above	None of above				
Bleeding Risk/ Contraindications	Patient Related	Procedure Related				
	Haemophilia or other known bleeding disorder					
	Thrombocytopenia (Platelets < 100 x 10 <sup>5</sup> /L)					
	Within two weeks of acute stroke					
	(haemorrhagic or ischaemic) Severe hypertension (BP > 200 systolic			_		
	or 120 diestolic)					
	Severe liver disease					
	Oesophageal Varices					
	Active Peptic Liter disease					
	Active bleeding or potential bleeding lesions					
	Major bleeding risk, existing anticoagulant therepy					
	Severe renal disease					
		Neurosurgery, spinal surgery or				
		Other procedure with high bleeding risk				
		Lumber puncture/spinarepidural in previous 4 hours or anticipated in				
tisk assessment pe	rformed by	next 12 hours				
lignature						
The second second second	mation Leaflet given to patient		Yes No			

NCE O	NLY DRUG	S AND PREMEDICATION.							
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New	Previous Admission

C. Diff Status

New	Previous Admission

y Dosing	g Regin	ne 5mg/kg	3	3mg/kg		Other	
Time to be given	Dose (mg)	Prescribers signature GMC No.	Date of sig.	Start time of infusion	Given by: (sign)	Dute and Time blood level taken sign:	Gentamicin Levels mg/l
				н			
	Time to be	Time Dose to be (mg)	Time Dose Prescribers signature (mg) CIAC No.	Time Dose Prescribers Date of signature signature	Time Dose Prescribers Date of Start time to be (mg) GMC No.	Time Dose Prescribers Date of Start time Given to be (mg) GMC No signature sig. of by:	Time Dose Prescribers Date of Start time Given Dute and Time to be (mg) GMC No sign of by: blood level

#### General Guidance

- All antimicrobial prescriptions MUST follow the Trust's Antimicrobial Policies or MUST have been agreed by Microbiology. See full up to date policy on intranet.
- INDICATION, STOP AND REVIEW DATES MUST BE RECORDED ON THE CHART.
- CURB 65 score MUST be recorded for all community acquired pneumonia.
- Check previous relevant microbiology results before prescribing antibiotics and check new microbiology results daily. If a patient is not responding to treatment seek advice from a consultant microbiologist.
- Doses need to be adjusted to suit patient's age, size and renal function. To calculate creatinine clearance use calculator on intranet and see dose adjustments for antibiotics.
- All IV regimes MUST be reviewed at 48 hours and switched to oral if appropriate.

#### IV SWITCH GUIDELINES

If YES to all, consider change to ORAL	If YES to any, remain on IV
Patient able to swallow and tolerate oral fluids?	Oral route compromised?
Temperature settling and < 38°C for at least 48hrs?	Continuing serious sepsis?
Heart rate <100bpm for last 12hrs? (no unexplained tachycardia)	Febrile with neutropenia?
WCC between 4-12x10 <sup>9</sup> /L?	Specific indication / deep seated infection. (Meningitis, endocarditis, encephalitis, osteomylitis,
Oral formulation available?	neutropenia, cystic fibrosis, septicaemia, haematology/ immunocompromised pts, continuing sepsis, other
Others markers: BP stable Respiratory rate <20 breaths/min CRP returning to normal and less than 100 (adult)	severe infections as discussed with microbiology.) Seek microbiology advice if unsure.
Absence of mental confusion (when representing symptoms of infection)	No oral formulation available (seek microbiology advice on alternative)

NOTE: DRUGS MUST NOT BE ADDED TO BLOOD PRODUCTS	BE ADDED 10	200	D PRODUCIS			Name:			
Does the patient require CMV negative blood? (Indicate as appropriate) Yes / No? Does the patient need irradiated blood? (Indicate as appropriate) Yes / No?	IV negative bloated	ood? (Is	ndicate as appropr as appropriate) Ye	iate) Yes /	No?	Hospital Number:			
BLOOD PRODUCTS TO BE ADMINISTERED	ADMINISTER	G	1		NCLUDING	Date of Birth:	BULINS)		
Date and Time Blood product to be administered	Total	Route	Drugs required to cover infusion (must be prescribed on once only section of chart)	Duration / rate of infusion	Signature GMC No.	Batch number/Unit number (Attach slicker)	Start time / stop time	Given by/ checked by	Did patient experience adverse reaction? (Yes/No) ◆
									Yes / No
									Yes / No
									Yes / No
									Yes (No
									Yes / No
									Yes / No
									Yes / No
									Yes / No
									Yes/No
									Yes/No

岩	DRUGS TO BE ADMINISTERED BY INTRAVENOUS / SUBCUTANEOUS INFUSION	NOUS / SUBCUTANEOUS INFUS	NON		Complete	ither or		l		
Time	Infusion solution	Drugs to be added	Total volume	Route	Rate Ourst	Duration of inhusion	Signature GMC No.	Start time/stop time	Given by/ checked by	Pharm.
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