

Endoscopy Unit
Frimley Park Hospital

Discharge information following ERCP

For a translation of this leaflet or for accessing this information in another format:



Please contact (PALS) the Patient Advice and Liaison Service on:

- Frimley Park Hospital**
Telephone: 01276 526530
Email: fhft.palsfrimleypark@nhs.net
- Heatherwood Hospital**
Telephone: 01753 633365
Email: fhft.palswexhampark@nhs.net
- Wexham Park Hospital**
Telephone: 01753 633365
Email: fhft.palswexhampark@nhs.net

<p>Frimley Park Hospital Portsmouth Road Frimley Surrey GU16 7UJ</p> <p>Hospital switchboard: 01276 604604 Website: www.fhft.nhs.uk</p>	<p>Heatherwood Hospital London Road Ascot SL5 8AA</p> <p>Hospital switchboard: 01344 623333 Website: www.fhft.nhs.uk</p>	<p>Wexham Park Hospital Wexham Slough Berkshire SL2 4HL</p> <p>Hospital switchboard: 01753 633000 Website: www.fhft.nhs.uk</p>
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Information for patients, relatives and carers

□ You have had IV Sedation (Propofol). Therefore, you must:

- have a responsible adult to care for you at home.
- not drink alcohol.
- not drive a vehicle, operate heavy machinery or sign any legal documentation for 24 hours.
- have plenty of rest at home as the sedative can make you feel tired and lethargic.

□ You have had Throat Spray

- You must not eat and drink for one hour. The spray numbs your throat and can temporarily affect your swallowing.
- After this time, you can start with sips of water/ cool liquids.

□ How will my doctor get my procedure report?

- The consultant completing the procedure will write/send a copy of the report to your GP.

□ How will I know the result of my biopsy/tissue sample?

- This depends on what kind of biopsy/tissue sample has been taken.
- The laboratory sends a report of any sample taken during the procedure to your GP and/or the doctor who referred you for this procedure directly via an electronic reporting system . The endoscopy unit does not receive any reports.

□ After your procedure you may experience:

- a slight sore throat for 24 to 48 hours. This normally eases without intervention.
- abdominal pain a few hours after the procedure, which can last a few days. If the pain does not ease with simple pain killers,

or increases in severity, hospital assessment is required. You can contact the Surgical Assessment Unit for further advice (see below for phone number).

- some bloating and a feeling of fullness because of the air we put in during the test. This will get better over several hours.
- a fever or shivering, similar to flu-like symptoms. If this occurs, you will need to seek medical attention and can be advised by calling the Surgical Assessment Unit (see below for phone number).
- You may notice some blood in your spit, which will settle.
- You can return to your normal activities 24 hours after your ERCP.
- You should restart your medications on the day of your procedure unless otherwise instructed. Talk to your doctor before restarting blood thinners or antiplatelet medicine.

□ Things to watch out for:

If you experience any of the following:

- **large amounts of bright red blood or black motions**
- **severe constant abdominal pain/cramp**
- **dizziness**
- **fever/temperature**
- **vomiting**
- **unable to pass flatulence or stools.**

contact the Surgical Assessment Unit (SAU) on 01276 526960. Please tell them you have undergone an ERCP. This service is available 24 hours a day, 7 days a week.

In an emergency, please attend the nearest Accident and Emergency Department.