

For a translation of this leaflet or for accessing this information in another format:



Please contact (PALS) the Patient Advice and Liaison Service on:

Frimley Park Hospital
Telephone: 01276 526530
Email: fhft.palsfrimleypark@nhs.net
Heatherwood Hospital
Telephone: 01753 633365
Email: fhft.palswexhampark@nhs.net
Wexham Park Hospital
Telephone: 01753 633365
Email: fhft.palswexhampark@nhs.net

<p>Frimley Park Hospital Portsmouth Road Frimley Surrey GU16 7UJ</p> <p>Hospital switchboard: 01276 604604 Website: www.fhft.nhs.uk</p>	<p>Heatherwood Hospital London Road Ascot SL5 8AA</p> <p>Hospital switchboard: 01344 623333 Website: www.fhft.nhs.uk</p>	<p>Wexham Park Hospital Wexham Slough Berkshire SL2 4HL</p> <p>Hospital switchboard: 01753 633000 Website: www.fhft.nhs.uk</p>
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Title of Leaflet	Discharge information for Bronchoscopy and EBUS.				
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Legal Notice

Please remember that this leaflet is intended as general information only. We aim to make the information as up to date and accurate as possible. Please therefore always check specific advice or any concerns you may have with your doctor.

Department of Thoracic Medicine /
Endoscopy Unit

Frimley Park and Wexham Park Hospitals



Discharge information for patients after
Bronchoscopy and EBUS

□ **You have had IV sedation, therefore you must:**

- have a responsible adult to care for you at home
- **not** drink alcohol
- **not** drive a vehicle, operate heavy machinery or sign any legal documentation for 24 hours
- have plenty of rest at home, as the sedative can make you feel tired and lethargic.

□ **You have had Throat Spray or nasal gel:**

- you must not eat and drink for one hour as the spray/gel numbs your throat and can temporarily affect your swallowing
- after this time, you can start with sips of water/ cool liquids.

□ **After your procedure:**

- you may experience a sore throat or hoarse voice.
- you may cough up a small amount of blood or phlegm, this usually lasts for up to 48 hours.
- you may experience fevers for a day or two. Provided you feel well otherwise, you do not need to see a doctor or take antibiotics (unless you have been told to do so after your procedure).
- you can return to your normal activities 24 hours after your bronchoscopy.
- you should restart your medications on the day of your procedure unless otherwise instructed.
- if you usually take blood thinners or antiplatelet medicine, please ensure your doctor or nurse has given you instructions about when to restart them.

□ **Things to watch out for:**

- fevers lasting more than 48 hours
- coughing up a large amount of blood (more than a tablespoon at once)
- feeling unusually short of breath
- feeling generally unwell

□ **If you are concerned please call us:**

If you had your procedure at Frimley Park hospital

Monday-Friday 8.00am-6.00pm, the Endoscopy Unit nurses are available for advice on 01276 526045.

Outside these hours, please call the Medical advice line on 01276 649770 (this service is available 24 hours 7 days a week).

If you had your procedure at Wexham Park hospital

Monday-Friday 9.00am-5.00pm, call the chest clinic for advice on 01344 877919 (then option 4 for specialties, then option 3 for respiratory team).

In an emergency, please attend your nearest Emergency Department or call 999. You must bring your endoscopy report back with you to show to the doctor / nurse.