

**Clinical Guideline:** PSA Site: FPH

Consider measuring if:

* Asymptomatic patient requests test
* Symptomatic patient (e.g. LUTS)
* FHx of prostate cancer
* > Give PILs prior to test

History

Prostate cancer relative risk:

* 1st degree relative - 60             x 2-3
* 1st degree relative - 60             x 4
* >1 relative age - 60                    x 4
* >1 relative age - 60                    x 7

Advice and Treatment

**Consider referral if:**

Excluded UTI before PSA test

PSA above age adjusted

Normal (once UTI excluded)

Referral Guidelines – red flag signs

* Exclude UTI before PSA test
* If raised repeat test 1 month later

Investigation

* Abdominal examination
* DRE

Examination

PSA increased by:

* UTI
* Prostatitis
* Bicycle riding
* Catheterisation
* Recent ejaculation

General Information