

**Clinical Guideline:** Limping Child Site: FPH

All ages -        Trauma

                         Infection
                         Tumour
                         Referred pain
1-4 years -      DDH
                         Irritable hip- transient synovitis
4-10 years -   Perthes disease
                         Irritable hip- transient synovitis
                         Juvenile idiopathic arthritis
10-16 years - SUFE

History

* Send to ED immediately if unwell
* Do not give antibiotics as will negate cultures
* May be reasonable to arrange some investigations if child not clearly unwell

Advice and Treatment

* Red flag signs: unwell, flushed, lethargic, fever, flat, anorexic
* Joint is irritable and stiff
* Not improving

Referral Guidelines – red flag signs

Depending on clinical presentation, consider:

FBE, ESR, CRP, hip X-rays (AP and lateral), hip ultrasound

Investigation

Standard examination

Examination

General Information