

**Clinical Guideline:** Ganglions Site: FPH

Swelling/cyst

History

General Information

**Please use MSK/Tier 2 services if available**

**Role of MSK**

Re-assess and advise accordingly

Consider referral Secondary Care only if surgery is >80% likely and patient is ready and willing. Note >40% recurrence rate.

**Role of Secondary Care**

Surgical interventions for ganglions are generally not funded.

* Advise patient that no treatment is indicated
* Rarely a cyst can be aspirated using a large bore needle but recurrence high (up to 88%) and risk of introducing infection.

Advice and Treatment

**Consider referral if:**

Refer to MSK (if available)/FPH only if evidence of nerve or vessel compression or evident functional impairment

Referral Guidelines – red flag signs

Investigation

Swelling/cyst arising from tendon/joint

Examination