

**Clinical Guideline:** Chalazion Site: FPH

Chalazia (meibomian cysts) are benign, granulomatous lesions inside the lid that will normally resolve within 4 months.

History

General Information

Patients with lid margin disease are more prone. Lid scrubs and heat treatment offer prophylaxis.

Examination

Treatment will often cure if given early: Regular (2-3 times daily) application of heat packs and massage.

Advice and Treatment

**Consider referral if:**

* Refer if all of the following apply:
* Chalazion present for > 4 months
* Causing blurring of vision
* Has not responded to heat/massage
* Refer if malignancy cannot be ruled out

Referral Guidelines – red flag signs

Investigation

